

Zoom Classes are Back

Open to all OA and other 12-step hosts and co-hosts.

[Class materials and more information](#)

Our classes are offered multiple times throughout the year. You may attend more than once. Send an email to zoom@oasandiego.org if you have any questions.

Zoom Hosting Basics

This 1-hour training is for new hosts and co-hosts or for those who would like to review their hosting skills. Topics covered include starting and ending meetings, claiming host, making co-hosts, Zoom settings for your room, sharing your screen, and managing participants. **It is strongly recommended you take the Zoom Security class next.**

Sunday, June 19
1-2 pm PT (4-5 pm ET)
[REGISTER](#)

Friday, June 24
10-11 am PT (1-2 pm ET)
[REGISTER](#)

Zoom Security

This 1-hour class will cover best practices and Zoom settings to minimize disruption, how to remove individual disrupters, and what to do if your meeting is targeted for a coordinated attack.

Monday, June 20
4-5 pm PT (8-9 pm ET)
[REGISTER](#)

Thursday, June 23
3-4 pm PT (6-7 pm ET)
[REGISTER](#)

Sunday, June 26
12-1 pm PT (3-4 pm ET)
[REGISTER](#)

Hosting Tips and Tricks

Learn tips and tricks for moving your hosting skills to the next level.
Prerequisite: Zoom Basic Hosting or hosting experience.

Tuesday, June 21
2-3 pm PT (5-6 pm ET)
[REGISTER](#)

Everything You Need to Know About Screen Sharing

This 1-hour training is for hosts and co-hosts or for those who would like to learn how to share their screen in a Zoom meeting, from the basics to advanced features like sharing sound and video. We will cover sharing screens from all devices -- computers, tablets, and phones. There will be time to practice screen sharing.

Monday, June 27
4-5 pm PT (7-8 pm ET)
[REGISTER](#)

San Diego County Intergroup, Inc.
Overeaters Anonymous
<https://oasandiego.org>

