Valley Sierra Intergroup OA/HOW #09599 P.O.Box 398 Coulterville, CA 95311

Intergroup Minutes

March 23,, 2024

Serenity Prayer. Twelve Traditions, Seventh Tradition

Introductions - State first name, Intergroup Board or Rep position, or Visitor.

Janice T Co-chairperson

Sue S Chairperson Temp. Secretary

Cheryl Rep – Monday Sonora Karen K Literature, Modest

Mona Day in OA Committee

Lynne. Treasurer

Colleen. Zoom Administrator Modesto
Elizabeth. Day in OA Committee

Establish a quorum (6).

Quorum established

INTERGROUP REPS -

How are our Zoom, hybrid and f2f Meetings going?

Sonora Monday 5 pm hybrid meeting - Cheryl Consistently 4 or 5 in attendance sponsors

Sonora Thursday 5:45 pm Zoom meeting - open Cheryl 8-10 average attendance

Saturday 9:00 Zoom Meeting open Cheryl *All is good.*

Modesto Saturday 9 am F2F meeting -

All is good. Attendance small but consistent. Next week will discuss Moving meeting to different time and location.

Sonora Saturday 10 am hybrid meeting - Jennifer

No reportt.

FIND A TIMEKEEPER.

BOARD MEMBER AND COMMITTEE CHAIR REPORTS -35 minutes $\,$ (5 minutes

each

Chairperson, Sue S, Submitted WSBC questionnaire online

Co-Chairperson, Janice T,

No report.

Secretary, Joan M,

No report.

Treasurer Lynne T,

Report is attached.

World Services Rep. Open

Shawn will not be going to the WSB so we still need someone to go Lynne reported it is a wonderful experience. .

Region 2 Rep

Shawn

Website Admin. Janice T, (5 min. each)

Flyer not yet on website

Phone List, Cheryl

Will update list to include Shawn.

Literature,

Modesto area, Karen K

No report.

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Sonora area, Ca.

Literature on hand at Saturday's 10:00 Sonora f2f meeting.

PI Planning/Health Fair On Hold

Zoom Admin., Sonora area, Cat Modesto area Colleen To start a Zoom meeting, contact Cat (Sonora area) or Colleen (Modesto area)

Open Intergroup Board positions: Modesto area World service Business Conference rep.

TOPICS:

Discuss 2024 Day in OA Mona, Elizabeth and Colleen update

Elizabeth will confirm use of Insight building by 3/29

Discussion and motion on whether we make it virtual.

Motion carried.

Joan will bring her Macbook Pro and speakers plus a second large monitor. Janice will send out flyers and maps. On the flyer, Janice will put in zoom information for the virtual meeting.

Chose a date April, 13

The theme is "Spring forward into into recovery".

Activities planned

Bring your lunch.

Joan to give "Draw your recovery" session.

Clothing exchange - and please take home leftover clothing

Raffle

50/50

\$5 donation requested at door

Elizabeth to provide speakers

IG can reimburse any expenses.

Joan will donate an art print.

Baskets can be from individuals or groups.

A map is needed for directions. Elizabeth made a map. Can we send it out with the flyer???

Groups to bring literature.

Door prizes.

4 hours total.

Elizabeth -

Someone will make signs for the street.

Will send a map with pictures.

Will provide speakers, one with long time member and someone with recent recovery.

Bill – a member since 2018

someone with recent recovery

Things discussed

The facility has tables and chairs we have permission from Insight.

There is a Keurig coffee maker

Refreshments

Mona will bring

Hot water

Case of drinking water

6 packs diet soda

Coffee, tea, service

Flyer

Mona made a flyer.

- -- will put on valley sierra website, and can send out to our IG members,
- -- will send flyers out to other IG groups
- -- put the flyer on the Events page for OA, R2,
- -- send flyer or post for Sacramento and Bay Area???

Literature

Sue asks

Can the Sonora Saturday meeting contribute?

Yes, they can contribute books and literature.

- -- Intergroup can reimburse Sat meeting
- -- we need a volunteer to set out literature for Day in OA.
- -- will coordinate getting a volunteer when a date is set.
- -- Karen will bring newcomer packets.

Colleen

Special donations for the raffle

- -- Joan to donate an art print.
- -- Lynne, Elizabeth will bring a diamond dot paintings.
- -- How many baskets coming in?
- -- 6 baskets coming in

WE NEED A WORLD SERVICE REPRESENTATIVE: Currently the requirements for a World Service rep. are 1 year of abstinence and 2 years of service above the group level. In person in New Mexico. Intergroup pays all expenses.

- A free pdf is available on <u>oa.org</u> and <u>amazon.com</u> for the OA pamphlet "Where Do I Start? Everything a Newcomer Needs to Know."
- -There are several OA pamphlets, e-books and audio books available through Amazon Kindle, Audible, Barnes & Noble and Apple
- -Please continue to remind members to donate to their Meetings whether they attend in person or via phone or Zoom. Meetings that are Zoom only can donate directly to Intergroup. Donations can be mailed to our Treasurer, Cat, P.O. box above.
- --donations are better since PO box address is listed.

NEXT Intergroup 4/20/24

7th TRADITION REPORT

CLOSING PRAYER. ADJOURNMENT. Thank you, everyone!