

# Valley Sierra Intergroup OA/HOW #09599

## P.O. Box 398, Coulterville, CA 9531

### Valley Sierra Intergroup OA-HOW Minutes

July 29, 2023

Serenity Prayer. Twelve Traditions, Seventh Tradition  
Introductions - State first name, Intergroup Board or Rep position, or Visitor.

Joan M	Secretary
Cat T	Zoom admin
Janice T	Co-chair
Mary B	Rep Monday Sonora
Elizabeth C	Phone lists
Jennifer	Rep Saturday Sonora
Lynne T	Treasurer
Karen K	Literature

Establish a quorum (6).  
*Quorum established.*

#### INTERGROUP REPS -

Sonora Monday 5 pm hybrid meeting - Mary B  
650) 2  
(Manteca Thursday 5:30 pm f2f meeting - Elizabeth C, (Not currently active due to no attendance)

Sonora Thursday 5:45 pm Zoom meeting - Elizabeth C

Modesto Saturday 9 am Zoom meeting - Janice

Sonora Saturday 10 am hybrid meeting - Jennifer  
FIND A TIMEKEEPER.

#### BOARD MEMBER AND COMMITTEE CHAIR REPORTS -35 minutes (5 minutes each)

Chairperson, Sue S,

Co-Chairperson, Janice T,

*Janice talked about the social network hour presentations,  
the social media workshop put on by World Services, August 26, 27  
Subject: tik tok, instagram, facebook*

Secretary, Joan M,  
*no report*

Treasurer, Lynne T,

World Services Rep. Karen K,  
*no report*

Region 2 Rep Open

Treasurer report: Lynne T.  
*Lynne will deliver the written report later, but she gave a verbal overview of donations, expenses . Money (\$50) has been received from Zoom for settlement.*

Website Admin. Janice T, (5 min. each)

*Janice reports that things are going fine on the website. She will update the website to cover her upcoming absence.*

Phone List, Elizabeth C

*The phone list is updated and sent out. Elizabeth will follow up on a request for alphabetical ordering of the phone list.*

*The meeting list is changed with the addition of the current 5:45 zoom meeting. All else is correct.*

Literature, Modesto

to area, Karen K  
*Karen reports that Sue has handed over literature. She has packets and literature available for distribution.*

*Lynne added that OA has published an updated Voices of Recovery 2<sup>nd</sup> edition, featuring page numbers that are in sync with the earlier editions.*

*Janice asked if the old ones still usable? Yes, but page numbering off somewhat.*

Sonora area, Becky

*Literature is available in the meeting room.*

PI Planning/Health Fair On Hold

Zoom Admin., Sonora area, Cat T

*Meeting hosts will need one time passcode to start meeting for security reasons, but no further interruptions reported.*

ZoomAdmin., Modesto area, Janice T

- How are our Zoom, hybrid and f2f Meetings going?

*Karen – Modesto Saturday needs someone to start zoom meeting. Meeting going well otherwise.  
Janice – f2f Modesto meetings going well, although small.  
Elizabeth 5:45, more people needed for positions  
Cat – Sat & Mon meetings very small, but people are attending via phone.*

To start a Zoom meeting, contact Cat (Sonora area) or Janice T. (Modesto area).

- Open Intergroup Board positions: Modesto area World service Business Conference rep. and Region 2 rep
- TOPICS:

WE NEED A REGION 2 REPRESENTATIVE TO ATTEND THE FALL ASSEMBLY: -Anyone interested in being our Region 2 Rep? It is a 2-year term and involves going to Spring Assembly and Fall Assembly either in person or virtually, and serving on a Committee of your choice which usually has monthly Zoom meetings. The abstinence requirement is 6 months, which is set by Region 2. Lynne was our Region 2 Rep, ending 12-31-22, and it would be great if you continue her service on the 12th Step Within Committee. For Fall Assembly 2023 you could choose another Committee if you want. Intergroup pays all travel expenses if Assembly meets face to face.

*Mentioning again. Requirements are described above.  
Region 2 conventions for 2023 recordings are available, OAr2.org*

WE NEED A WORLD SERVICE REPRESENTATIVE: Currently the requirements for a World Service rep. are 1 year of abstinence and 2 years of service above the group level. We would need to request permission from OA World Service trustees if someone is interested but doesn't meet those requirements. Intergroup pays all expenses.

*On hold until next IG because Sue is out this month.*

-On August 26 at 3-6PM PST, a Social Media Workshop is being hosted by the Public Information Committee of Region 2 CARRY THE MESSAGE WORKSHOP. More info at <https://oavirtualregion.org/events/> (It will be repeated on August 27th 9:00AM - 12:00PM PST)

*info duplicated above.*

- A free pdf is available on oa.org and amazon.com for the OA pamphlet "Where Do I Start? Everything a Newcomer Needs to Know." (See 9-17-22 Intergroup Minutes email for the Attachment.)

*--- additional info on r2 assembly: if we do not have a rep: we can send a visitor; with no voting privilege, but expenses for attending the Face-to-face assembly will be covered by Intergroup. The dates are Oct 27<sup>th</sup> – 29<sup>th</sup>, at the Doubletree hotel (by SFO), in Burlingame.  
No abstinence requirement.*

*--- question: should the rep be OA-HOW? We might consider regular OA if no one in HOW has volunteered.*

*--- the Assembly is inclusive of all OA.*

*--- for a region 2 visitor to represent us and report, there is no abstinence req, but they should be a regular attendee of meetings.*

*--- the R2 assemblies are held at different locations in CA, but all will be reimbursed regardless of location, travel expenses.*

-There are several OA pamphlets, e-books and audio books available through Amazon Kindle, Audible, Barnes & Noble and Apple

-Please continue to remind members to donate to their Meetings – whether they attend in person or via phone or Zoom. Meetings that are Zoom only can donate directly to Intergroup. Donations can be mailed to our Treasurer, Cat, P.O. box above.

--donations are better since PO box address is listed.

NEXT Intergroup \_\_August 26<sup>th</sup>, 2023\_\_\_\_\_

7th TRADITION REPORT

*Cat will pay for the room in Sonora*

Approve minutes if there is time

*Minutes approved.*

CLOSING PRAYER.

ADJOURNMENT. Thank you, everyone!