

Valley Sierra Intergroup OA/HOW #09599

P.O.Box 398

Coulterville, CA 95311

January 27,2024

Valley Sierra Intergroup OA-HOW Minutes

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Serenity Prayer. Twelve Traditions, Seventh Tradition

Introductions - State first name, Intergroup Board or Rep position, or Visitor.

Janice T	Co-chair, web admin
Sue S	Chairperson
Elizabeth P	Visitor
Joan M	Secretary
Cat T	Zoom admin, Sonora
Jennifer	Saturday AM rep, Sonora
Lynne T	Treasurer
Colleen G	Visitor
Cheryl	Rep for Monday Sonora 5PM Thursday 5:45PM Zoom
Maria	Rep Saturday 9 AM Zoom
Mona T	Visitor

Establish a quorum (6).

Quorum established.

INTERGROUP REPS -

Sonora Monday 5 pm hybrid meeting - Cheryl

Attendance is consistent.

Sonora Thursday 5:45 pm Zoom meeting - open

Attendance is consistent. Meeting closes for attendance after 15 minutes for those unrecognized by the group.

Saturday 9:00 Zoom Meeting - Maria

Meeting is going well, 6 to 11 people attending.

Modesto Saturday 9 am F2F meeting -

Still needs support but meeting has consistent attendance.

Sonora Saturday 10 am hybrid meeting - Jennifer

Meeting is going well.

FIND A TIMEKEEPER.

BOARD MEMBER AND COMMITTEE CHAIR REPORTS -35 minutes (5 minutes each)

Chairperson, Sue S,

Reminder, the WSB conference agenda questionnaire is now available.

Co-Chairperson, Janice T,

No report.

Secretary, Joan M,

No report.

World Services Rep. Open

Region 2 Rep Shawn (not on phone list)

Treasurer report, Lynne T.

We are solvent, treasurer's report attached.

\$2288 balance,, so we can send someone to World Services and Shawn to Region 2 in the Spring.

Website Admin. Janice T, (5 min. each)

All is well.

Phone List, Cheryl

Working with Elizabeth, learning how to generate phone list.

Literature, Modesto area, Karen K

No report.

Literature, Sonora area, open

PI Planning/Health Fair On Hold

Zoom Admin., Sonora area, Cat

Modesto area, ****We will need a new Zoom contact for Modesto area****

Problem, connecting to zoom account passcode.

We need someone to accept responsibility and who will be available for every zoom meeting.

The passcode is changed per zoom session so we need someone with email, available at all times, to receive passcode.

Colleen G. volunteered, to be available as person to call for passcode.

How are our Zoom, hybrid and f2f Meetings going?

To start a Zoom meeting, contact Cat (Sonora area) or (Modesto area) Open

Open Intergroup Board positions: Modesto area World service Business Conference rep.

There is an abstinence requirement and Intergroup pays all expenses to attend.

TOPICS:

Discuss 2024 WSBC Agenda Questionnaire

The questionnaire contains proposals for agenda items. We have until march 7 to decide which should go on agenda for discussion. Find full descriptions of items on oa.org. Under WSBC 2024.

What are the abstinence requirements for our Intergroup representatives?

Lynne reports – we have not been requiring abstinence requirements because so few have the recommended 30 days.

Motion: Should we use time in the program, 6 months in program, rather than time abstinent?

Motion carries.

Discuss 2024 Day in OA

Updates from Mona, Elizabeth and Colleen

Elizabeth reports that both April dates available.

No charges extra, but they usually get a donation of 25-30 dollars.

*There are at least two tables there, and tons of chairs.
Kuerig available.*

April 13th chosen.

Joan to bring supplies for art session.

Sonora will contribute literature.

Flyer to be done by Mona, Elizabeth to provide map pictures.

Need signs for street.

Times – 4 hour window, 10:30 to 2:30.

Raffle tickets? Joan to check and will provide.

The theme is “Spring forward into into recovery”.

Activities planned

Bring your lunch.

Joan to give “Draw your recovery” session.

Clothing exchange – and please take home leftover clothing

Raffle

50/50

\$5 donation requested at door

Elizabeth to provide speakers

IG can reimburse any expenses.

Joan will donate an art print.

Baskets can be from individuals or groups.

A map is needed for directions.

Groups to bring literature.

Door prizes.

4 hours total.

Elizabeth -

Will provide speakers, one with long time member and someone with recent recovery.

Bill – a member since 2018

Still open - someone with recent recovery

Things discussed

The facility has tables and chairs but we need permission to use.

List of who brings what.

Check with facility for coffee maker, etc?

Refreshments

Mona will bring

Hot water

Case of drinking water

6 packs diet soda

Coffee, tea, service

Keurig if facility does not have coffee maker

Flyer

Mona will make a flyer,

-- will put on valley sierra website, and can send out to our IG members,

-- will flyers out to other IG groups

-- put the flyer on the Events page for OA, R2

-- send flyer or post for Sacramento and Bay Area

Literature

Sue asks

Can the Sonora Saturday meeting contribute?

Yes, they can contribute books and literature.

-- Intergroup can reimburse Sat meeting

-- we need a volunteer to set out literature for Day in OA.

-- will coordinate getting a volunteer when a date is set.

-- Karen will bring newcomer packets.

Colleen

Special donations for the raffle

-- Joan to donate an art print.

-- Lynne, Elizabeth will bring a diamond dot paintings.

-- How many baskets coming in?

-- 6 baskets coming in

WE NEED A WORLD SERVICE REPRESENTATIVE: Currently the requirements for a World Service rep. are 1 year of abstinence and 2 years of service above the group level. In person in New Mexico. Intergroup pays all expenses.

- A free pdf is available on oa.org and amazon.com for the OA pamphlet "Where Do I Start? Everything a Newcomer Needs to Know."

-There are several OA pamphlets, e-books and audio books available through Amazon Kindle, Audible, Barnes & Noble and Apple

-Please continue to remind members to donate to their Meetings – whether they attend in person or via phone or Zoom. Meetings that are Zoom only can donate directly to Intergroup. Donations can be mailed to our Treasurer, Cat, P.O. box above.

--donations are better since PO box address is listed.

NEXT Intergroup February 24th, 2024.

7th TRADITION REPORT

Approve minutes if there is time

Minutes are approved.

CLOSING PRAYER.

ADJOURNMENT. Thank you, everyone!