

INTERGROUP MINUTES - APRIL 17, 2021

Valley Sierra Intergroup OA/HOW #09599  
P.O. Box 398, Coulterville, CA 95311  
[www.ValleyOAHow.org](http://www.ValleyOAHow.org)

April 17, 2021, 11:10 am, hybrid Zoom Meeting & Alano Club

Serenity Prayer. Twelve Traditions. Seventh Tradition.

Introductions - State first name, Intergroup Board or Rep position, or Visitor

*Voting members present were -*

*Joan, Secretary*  
*Cat, Treasurer and Phone List*  
*Mary, Saturday 10 am Rep*  
*Jennifer, Day in OA Co-Chair*  
*Linda, Monday 5 pm Rep*  
*Karen, Saturday 9 am Rep*  
*Lynne, Chair*

*Visitors present -*

*Dave*  
*Cher*

Establish a quorum (6). Find a Timekeeper.  
*7 Voting Members present - Quorum established*

INTERGROUP REPS -

Sonora Monday 5 pm hybrid meeting - Linda B -  
Sonora Thursday 5:45 pm Zoom meeting - Violet Y  
Modesto Saturday 9 am Zoom meeting - Karen K  
Sonora Saturday 10 am hybrid meeting - Mary B -

BOARD MEMBER AND COMMITTEE CHAIR REPORTS -35 minutes

Chairperson, Lynne T, *Nothing new to report.*  
Co-Chairperson, Sue S, *Not present - attending WSBC today and for the next 2 weeks.*  
Secretary, Joan M, *Nothing new to report.*  
Treasurer, Cat T, (5 min. each)  
*Cat gave us her Treasurer's Report. Report is attached below.*  
World Services Rep. Lynne (Working WSBC committee to April 2021)  
World Services Rep. Sue S (Jan. 2021 to April 2023)

*Sue is attending WSBC today and for the next 2 weeks, to allow for 4 hour sessions per day only, since they are all Zoom sessions.*

Region 2 Rep. Lynne T

*Lynne's Region 2 Spring Assembly Report is attached.*

Website Admin. Janice T, (5 min. each)

*Not present (traveling). Lynne reported our website is doing well. We appreciate Janice's excellent work updating it regularly. Check it out, especially if you haven't been there the last couple weeks. Janice has reorganized our website to make it clearer and easier to use!*

Phone List, Cat T,

*Cat reports that the updated Phone List was sent out. She may update it for minor corrections. Please send all additions or changes to the Phone List to Cat.*

Literature, Sue S,

*Not present (at WSBC). Lynne reports that Sue still has all our literature, including our yellow Sponsor's Guide. Contact her, if needed.*

PI Planning/Health Fair Elizabeth C,

*Lynne reports Elizabeth was unable to attend today. She has been approached by a long-time OA member from Los Angeles and is participating in a PIPO project with PIPO phone meetings sponsored by Los Angeles and World Services.*

Zoom Admin., Sonora area, Cat T

*Our Zoom Account is doing fine.*

ZoomAdmin., Modesto area, Kevin V

*Not present*

Co-Chair, May 22, 2021 Day in OA Violet Y

*Unable to attend*

Co-Chair, May 22, 2021 Day in OA Jennifer C

*Appreciates being Co-Chair with Violet*

## TOPICS -

- Sue S. is representing us at WSBC 2021 this month and is in session today, 4-17-21, and for the following 2 weeks. We thank her for her service! *We are grateful for Sue's representing us at WSBC!*
- OA 24/7 Welcome Room pilots have not started yet. We are still awaiting approval by the WSBC Board of Trustees. We are considering starting up under the Virtual Region, which has already approved our project and has plenty of volunteers, until WSBC is ready.
- How is Modesto's Zoom meeting going? Our Thursday 5:45 pm OA-HOW Steps & Traditions Zoom meeting continues to run smoothly, although we did have to remove 2 intruders, but only at one meeting. We have 4-8 OA members attending each week from OA.org as well as our usual Intergroup members, and a couple members from the San Mateo OA-HOW Meetings. To start a Zoom meeting, contact Cat (Sonora area) or Kevin V. (Modesto area). *Karen reported that the Modesto 9 am Saturday Zoom Meeting is Awesome! She also reported that they have developed a PowerPoint presentation of the OA-HOW readings for Screenshot at Zoom Meetings. Lynne will get a copy from Janice. (The copy is attached to the bottom of these Minutes. You do NOT*

*need PowerPoint to open it and use it!). Lynne reported the Thursday 5:45 pm Zoom Meeting is going fine - we had 10 OA members attending from our listing in OA.org this past week! Intruders only that 1 time a month ago, who were removed quickly. The meeting leader promotes 2 or 3 Co-Hosts every meeting who are ready to remove intruders quickly.*

- *OUR Topic for our Virtual Day in OA for May 22, 2022 is H.A.L.T. (Hungry, Angry, Lonely, Tired.) Violet will do a presentation on making God boxes. Everyone who uses a God box is invited to bring theirs to share on Zoom and tell how they made it and how they use it. We will have a Speaker to tell their story and speak on H.A.L.T. We voted on the Speaker for our Day in OA. She is a long-time abstinent OA member from Kentucky, very active in OA and OA service, and an excellent Speaker on H.A.L.T. Our Co-Chair for our Day in OA, Jennifer C, reported that she is happy to be Co-Chairing with Violet. She and Violet met this week to make God boxes. Jennifer showed her beautiful God Box with quotes she found in magazines on it. She purchased the box from a local fabric store. She had a slot cut into the top of her box.*
- *Region 2 Spring Assembly Report by Lynne T (Report is attached). Lynne gave a report on representing us at the Spring Region 2 Assembly. She is in the Twelfth Step Within Region 2 Committee, continuing the excellent work of our previous Region 2 Rep, Cynthia. In the last 6 months this committee wrote, edited and got approved a wonderful pamphlet on Twelfth Step Within, for Meetings and Intergroups. It is being distributed to our Intergroups. See Lynne's full Report, attached below.*

NEXT Intergroup Meeting: MAY 15, 2021, 11:10 am, hybrid meeting - Zoom and Sonora Alano Club.

#### TOPICS FOR NEXT INTERGROUP MEETING -

- Report on our Day in OA
- Report from WSBC, if ready
- Have OA 24/7 Welcome Room pilots started?
- How are our Zoom Meetings going? To start a Zoom meeting, contact Cat (Sonora area) or Kevin V. (Modesto area).
- Updating our By-Laws

#### 7TH TRADITION REPORT.

*Cat, our Intergroup Treasurer, is giving the Sonora Alano Club our \$9.00 donation for 1 hour use of the Alano Club for today's Intergroup Meeting.*

READ/APPROVE MINUTES. CLOSING PRAYER.

ADJOURNMENT. Thank you, everyone!

REGION 2 ASSEMBLY REPORT -

## **Region 2 Spring Assembly**

# March 19-20, 2021

Report by Lynne T, Region 2 Rep, Valley Sierra Intergroup OA-HOW

On Friday, March 19, 2021, I attended the Region 2 Spring Assembly New Rep Orientation which was open to all new Region 2 Reps, returning Reps, and Visitors. The Orientation was conducted by Jeri, our Region 2 Vice Chair. (All sessions were conducted virtually using Zoom.)

We started the New Rep Orientation with The Serenity Prayer and then Jeri, our Region 2 Vice Chair, gave a warm welcome to all the new Region 2 Reps. She introduced first the new Reps, then the returning Reps, Visitors and the Region 2 Board Members. We read Tradition 9 from the OA 12&12: "OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve," which was a beautiful introduction to being of service as a new Region 2 Rep. Following was an excellent discussion about how to speak up in our meetings when Traditions are not being honored, including being loving and clear.

Jeri shared a beautiful map of the 11 Regions of OA -

and the OA Service Structure pyramid -

(NSB's = National Service Boards  
BOT = Board of Trustees  
EC = Executive Committee  
WSO = World Services Office)

Jeri next talked about all the Region 2 Committees - Intergroup Outreach, Young Persons, Publications, By-Laws, Twelfth Step Within, University with Diversity, Region 2 Convention Committee,

and the responsibilities of the Region 2 Reps and the Region 2 Committees.

I, Lynne, am on the Twelfth Step Within Committee, which I joined during Fall Assembly, which Violet and I attended as Visitors. I have been active on this Committee since October, 2020. I joined because Cynthia, our retiring Region 2 Rep, was serving there and I wanted to continue her excellent work.

We then had a Q&A session, and then Jeri closed by going over Parliamentation and Robert's Rules of Order.

On Saturday, March 20, 2021, we began the Spring Assembly of OA, Region 2, with an Introduction and Opening Reminders, and then introduction of the Region 2 Board Members, and then thanking the retiring Region 2 Reps. Next was the reading of our OA 12 Concepts by Hanna, our World Services Trustee for Region 2 and a reading of the Assembly Rules by David,

the Parliamentarian. Roll call was taken by Jeremiah, Region 2 Secretary, and a Quorum was established. There were 34 voting members, 2 non-voting members, 5 Visitors, and 0 alternates.

The first Motion in a Region 2 Assembly is always the discussion and adopting of the Minutes from the previous Assembly. Motion passed.

Next we had an Icebreaker in break-out rooms where we shared why service is important to you, what does “going to any lengths” mean to you, and why do you keep coming back.

We had Board Reports from each of our Region 2 Board Members -

- Chair, Lynn K
- Vice Chair, Jeri,
- Secretary, Jeremiah
- Events Coordinator, Lynn H
- Treasurer, Patti
- Publications, Luanne
- Region 2 Trustee, Hanna

Next was an Ask It Basket, followed by discussion of the Region 2 Convention, which is scheduled for July 9-11, 2021. It will be 100% virtual. The Convention Chair, Jerry, reported that the Convention will have Spanish translation, it will be hosted by San Diego, and there is a scholarship program. Registration is open now.

Lynn K, Region 2 Chair, invited us to a Sunday Chat with the Chair, every other month on the even months. Email Lynn K with items you want to discuss.

Hanna, Region 2 Trustee, was our Speaker and told her story. Hanna is stepping down as Region 2 Trustee due to health reasons, so it was even more poignant to hear her speak today!

Next we had an Ask It Basket, followed by establishing a Quorum. We had 39 voting members, 2 non-voting members, 6 Visitors, and 0 alternates.

We discussed and voted on 4 Motions. They were all Motions with minor changes to the Region 2 By-Laws to remove outdated references, to correct typographical errors to comply with IRS Regulations, and to remove duplicate passages. All 4 Motions passed with unanimous consent.

We then enjoyed Committee Meetings. My Committee, the Twelfth Step Within Committee, just completed writing a very informative pamphlet on Twelfth Step Within for OA Meetings and Intergroups. It was just approved by the Board. Our Committee Chair agreed to distribute it to the Intergroups in the next few days. We began working on updating the section on Twelfth Step Within on the the Region 2 website, which we voted to be our next Committee project.

We all joined together again for a Workshop presented by Jeri, our Region 2 Vice Chair, break-out room discussions, and sharing on the Workshop and break-out discussions.

We ended with Committee Reports presented by the Chairs of each Committee. Of note is a survey created by the Diversity Committee which has been approved for us to share -

<https://www.surveymonkey.com/r/diversityR2>

Any one is welcome to attend our next Region 2 Fall Assembly. It is scheduled from October 22 to October 24, 2021. It will be held at the Doubletree Hotel in Burlingame, CA. More information will follow once registration is open.

At 4:48 pm we had our Closing Announcements and at 5:06 pm our Region 2 Spring Assembly was adjourned.