

Happy

Joyous

& FREE IN 2023!

HOW-OA
Retreat

Details:

- When:** Friday, June 2 - Sunday, June 4, 2023
Check in: 4-6 p.m. with dinner at 6 p.m. on Friday.
- Where:** Villa Maria del Mar, 21918 E Cliff Dr., Santa Cruz, CA
Note: Facility requires proof of Covid-19 vaccination or negative Covid test within 48 hours and masking during the retreat.
- Cost:** \$330 for Double (shared); \$410 for Single Room
Scholarships available.
- Food:** Six abstinent meals - dinner on Friday through lunch on Sunday.
- Things to do:** Welcome Reception, Speakers, Activities, FUN!

Important Info

- Registration:**
- Registration opens on February 14, closes on April 24.
 - Register online at how-oa.org or by mailing the form below to HOW-OA Retreat 2023, PO Box 311, Pittsburg, 94565.
 - Payment due at Registration unless applying for scholarship.
 - Payment can be made by check to address above or electronically via CashApp (\$HOWOANorcal), Venmo (@how-oa_norcal), Zelle (ig.treasurer.norca@gmail.com) or PayPal (@HOWOANorcal).
- Scholarship Process:**
- 1) Register by March 15, indicating scholarship is needed.
 - 2) Scholarship form will be emailed to you. Return promptly.
 - 3) Scholarship approval by April 15.

If you have questions, you can call, email or text Margaret S. at 925.408.8604 or cirrus9999@gmail.com.

Registration Form

Name: _____ **Phone:** _____ **Email:** _____

\$330 Double Room My Roommate Preference: _____

\$410 Single Room I am willing to do service for this retreat.

I need a scholarship request form. I will donate to scholarship fund. \$ _____

I have the following physical and/or dietary restrictions (other than HOW-OA foods):
