

05-28-23 SNH (Social Network Hour) Minutes R2 Intergroup Outreach

* 3-26-23 R2 IG Outreach Social Network Hour was canceled due to Spring Assembly *

** 4-30-23 R2 IG Outreach Social Network Hour Minutes (were not typed and sent separately, but they are referenced here in these minutes) **

Attendance:

Eileen (R2 IG Outr. Com. Chair)

Cindy A. (Monterey IG)

Kelly P. (R2 IG Outr. Com. Secretary)

Dierdre (Mid-Peninsula)

Ellen (R2 IG Outr. Com)

Laura B. (Mid-Peninsula)

Linda K. (R2 IG Outr. Com SFValley)

Kathy H. (San Diego Chair)

Terry (R2 IG Outr. Com. Orange Co. IG)

Spanish Interpreter (Marybel)

Rhonda (R2 IG Outr. Com SJValley)

Meeting Commenced at 4:00 on Zoom with Serenity Prayer

- Kelly gave oral report minutes of last SNH 4-30-23
 - Fellow had question about young person meeting and/or literature for children
 - fellows encouraged to go to website
<https://oayoungpeople.org/>
 - Can we ask Bryan from our assembly to speak to our SNH?
 - Fellow had concerns about getting groups back to in-person meetings
 - Fellow had concerns about attracting new members to OA
 - Can Public Info rep visit our SNH and help us?
 - Digital outreach help at basic level for SNH group that we can invite leaders to and take back to our IG's
 - Terry spoke about upcoming convention in Costa Mesa
 - May 28th registration open
 - for recovery and fun - not business - let people know
 - Zoom \$35 (Except \$15 for Mexico fellows)
 - full translation in 1 of 3 workshops
 - In-person attendance \$75
 - <https://www.oar2.org/upcoming-convention.html>
 - Please make sure IG info is accurate on R2 website IG directory
 - <https://www.oar2.org/intergroup-directory.html>
 - Some discussion about websites for IG's
 - possible SNH in future to help with that

- one fellow recommended WordPress
 - Ellen in San Diego says she can talk with fellows with website issues - contact her webmaster@oasandiego.org
- Mention of Dear Abby article that come out 4-29-23
 - <https://nypost.com/2023/04/29/dear-abby-i-eat-to-mask-the-pain-of-my-childhood-trauma/>
 - hopes are that this could bring in fellows
- SNH 4-30-23 concluded
- Moving forward with 5-28-23 SNH Meeting
 - Ellen asked fellows about their topics of concern from April SNH
 - discussion had with SNH
 - how to attract new people
 - getting groups back to more face to face meetings
 - fellows shared about moving to hybrid and struggles but eventually F2F meetings caught on
 - some groups offering scholarship of money for groups returning to F2F
 - ie. several months of rent, money for materials/books/Hybrid equipt, or etc
 - Hybrid discussion:
 - Ellen willing to help fellows with questions - contact at webmaster@oasandiego.org
 - Some groups Hybrid with laptop and a central speaking area
 - Some groups have a big screen for fellows in room to see the Zoom attendees
 - Some groups just pass around a phone and have an audio experience for their Zoom attendees
 - SNH group mentioned importance of considering all fellowship dynamics in offering meetings
 - hopefully some F2F meetings on weekend and/or evening times to accommodate

fellows with work week-day work schedules and/or dependents

- Public outreach ideas - especially digital means
 - Ellen willing to speak to us at June 25th SNH!
 - she will address helps with social media outreach for about 20 minutes
 - make announcements that all OA leadership levels & interested fellows in our IG's are welcome
 - need people to serve in service positions at all levels
 - workshop ideas
 - young people concerns/info
- More on the Convention July 7-9th in Costa Mesa :)
 - Please make sure your IG fellows all know about convention Zoom and F2F attendance
 - ideas - print flyers and bring to meetings to help remind others to register and attend
 - flyers attached to email - Spanish & English
 - website
<https://www.oar2.org/upcoming-convention.html>
 - fellows coming in from nation to attend and participate

Next SNH Meeting

- **Sunday, June 25th 4:00-5:00pm Pacific Time**
 - Eileen will be out of town, and Kelly will conduct
 - Direct Zoom link:
<https://us02web.zoom.us/j/86540686634?pwd=MXFYk1SeFBXaWR1Q1lub21oTmJSZz09>
 - Meeting ID: 865 4068 6634 and Password: outreach
 - **FOCUS AT SNH: Social Media Outreach training with Ellen :)**
- SNH meeting closed with the Serenity Prayer at 5pm Pacific Time