



Overeaters Anonymous

12-Step Workshop

A 15-session workshop designed to help participants achieve and maintain abstinence through working all Twelve Steps.

January 10 - April 18, 2022

Mondays, 4:00 - 6:00pm (Pacific Time)

Virtual Workshop on Zoom

January 10 is the Introductory Session

Interested?

Text Emily B. at 650.483.2260 for more information.

This is a closed workshop for up to 24 participants.

No new members may join after the Introductory Session. Participants commit to attend and fully participate in all sessions.